Adverse Childhood Experiences (ACEs) is the term given to describe all types of abuse, neglect, and other traumatic childhood experiences. The landmark Kaiser ACE Study examined the relationships between these experiences during childhood and reduced health and well-being later in life.

Of 17,000 ACE Study participants:

64% have 1 or more ACEs

0 ACEs 36%
1 ACEs 26%
2 ACEs 16%
3 ACEs 9.5%
4+ ACEs 12.5%

**HOW PREVALENT ARE ACEs?**

**ABUSE**
- Physical 28.3%
- Sexual 20.7%
- Emotional 10.6%

**NEGLECT**
- Physical 9.9%
- Emotional 14.8%

**HOUSEHOLD DYSFUNCTION**
- Parental Divorce 23.3%
- Mental Illness 19.4%
- Domestic Violence 12.7%
- Substance Abuse 26.9%
- Incarceration 4.7%
THE IMPACT OF ACEs

As the number of ACEs increases, so does the risk of negative health outcomes.

Possible Risk Outcomes
- Lack of physical activity
- Smoking
- Alcoholism
- Drug use
- Missed work

Behavior
- Severe obesity
- Depression
- Suicide attempts
- Diabetes
- STDs
- Cancer
- Stroke
- Heart disease
- Broken bones
- COPD

Source: http://vetviolence.cdc.gov/apps/phl/resource_center_infographic.html